

**Minutes Good Food Lewisham Steering Group Meeting
Tuesday 10th May 2pm - 3.30pm online**

Present: Theresa Webb, Helen Buttivant, Thanh Uong, Martin O'Brien, Andrea Zick, Simone Riddle, Helen Jackson

Apologies: Helen Macintosh, Lakhvinder Matharu

Time	Item	Notes and things to read in advance if possible
2	General introductions	<p>Helen - new Good Food Lewisham Coordinator, background in fuel poverty and food growing</p> <p>Theresa - lead nutritionist at Kitchen Buddy, member of Association of Foragers, part of Coco Collective, former chair of Verdant Lane garden, Forster Memorial Park garden</p> <p>Andrea Zick - resident, trained chef, studying food policy PhD(?)</p> <p>Helen Buttivant - consultant in Public Health in Lewisham Council, taking over part of Gwenda Scott's portfolio - leading development of food poverty strategy coming out of food poverty summit earlier in 2022, representing PH Team in council</p> <p>Thanh - mindfulness food for the body and mind, Mindful Bees and family centre - social enterprise - with activities- https://twitter.com/twomindfulbees https://familysanghalondon.com/ https://plumvillage.uk/beingpeace/ Social value lead at LUV https://luvgroup.co.uk/</p> <p>Martin O'Brian - Council - climate emergency Action Plan, focus on fuel poverty and flooding. Catering at corporate events - vegan, school meal contracts - interested in food from an environmental perspective - food poverty - cost of living - households choosing between heating and eating. Food is a way to have a conversation about values and culture - to reach more people through food, need to do more on this agenda - partnership approach to climate work.</p>
2.10	Overview of where we're at now with the project transferring from GCDA to LL	<ul style="list-style-type: none"> - NB. Structure of network = Lewisham Local and council, steering group, sub groups (food poverty, food growing etc), network meetings open to all to get more people involved and get people to meet each other <p>1) What we've done so far New Food Partnership Coordinator and Local Business Coordinator, made links with SFP, two meetings with Covid Food Network - cost of</p>

		<p>living and winter has come up, Helen has attended meetings around cost of living, looking at what provision is already happening and where there are gaps e.g. community cookery classes, need visual resources. Warm centres - could there be 'warm centres' (communal centres where people can get warm and get free food and potentially access advice and other services) around the borough? Food growing network - planning next meet up and a harvest mass activity</p> <p>2) and current areas of focus/priorities within the Sustainable Food Places Bronze Award Framework If you haven't already please read about this: https://www.sustainablefoodplaces.org/awards/</p> <ul style="list-style-type: none"> - Current areas are food poverty and food growing - there are already groups and these areas are key at the moment with the cost of living crisis <p>3) Reminder re role of SG, next steps/asks of the SG e.g. organising network meetings, agreeing on priorities for next 6 months</p> <ul style="list-style-type: none"> - Need reps from the different parts of the work in the steering group - not everyone has to go to all meetings <p>Helen B - food poverty Martin - climate/food waste/procurement Theresa - food growing Thanh - healthy eating (?) Andrea - research useful for food poverty Helen M - small businesses(?) Lakhvinder - food poverty(?) healthy eating Helen J - food poverty, food growing, climate/food waste, coops Simone - food poverty / grants</p> <p>4) Explain documents that need updating/writing that will guide the SG and network:</p> <ul style="list-style-type: none"> - Terms of Reference (purpose of SG and what it will do) - Overall action plan of Good Food Lewisham - Food poverty action plan (from Food Poverty Summit) - this will follow on from the summit now elections are over, this will sit as a sub group to the GFL partnership to create a food poverty action plan in due course) - Charter/pledges (in line with current priorities) - it's a bit wordy at the moment and is it measurable? - Food producers and sellers - big gap in SG - get these people on board before discussing new charter
--	--	---

2.30	Questions	Clarifying questions on the above
2.40	Another round from everyone	<p>Suggestions for people to join SG or general areas where we need more people: Andrea: need food growers and restaurateurs (producers and sellers) e.g. Grow Lewisham and Coco Collective have been asked already AP: Helen to write introduction to what it means to be on the SG Young people - Bite Back? Anyone from Young Mayor's team? Chartwells (school caterers) - used to be part of the group (Procurement strand) Helen: Climate Action Lewisham - they're at maximum capacity Simone: Denny (self managed allotments), Stella Headley (Rastafari Movement UK), Steph Parsons-Holgate (Downham Mutual Aid/Downham Gleening Pantry)</p> <p>Thanh - the more members the better in SG as numbers will fluctuate - volunteers so not everyone will make it to every meeting</p> <p>Helen - could end up having too many people and this could get unmanageable, but at the same time can definitely have a few too many as people are likely to be too busy to attend sometimes</p> <p>Andrea - SG should vote to identify priorities, helps create a common vision - use a miro board (this was used well by Good Food Southwark apparently) - visual map that you can zoom in and out - helps to increase participation before, during and after meetings - can add outside of meetings</p> <p>New people - could re-engage some groups who used to be partners before the pandemic e.g. Lewisham Homes? Goldsmiths Uni? Chartwells?</p> <p>Capacity and areas of interest: Andrea - works part-time and studies part-time so not loads of spare capacity, research and related work can feed into strategy, can't do much logistical and operational parts. Can share findings of her research.</p> <p>Helen B - need to honest about capacity - stretched in PH as no replacement for Gwenda - would like to contribute - will share attendance at meetings between PH team</p> <p>Martin - 2 left on climate emergency (were 3 people) - focus transport, funding for schools and infrastructure - stretched but very committed and interested in food</p>

		<ul style="list-style-type: none"> - <i>Where are our current gaps in the bronze award?</i> <p>Actions: Helen and simone to do health check, send results and gaps to SG and discuss gaps and areas of need at next meeting. Procurement is one.</p> <p>Thanh - graphic design, food poverty is an interest. Looked a lot at the bronze framework.</p> <p>Andrea - important to get input from the public on what Good Food Lewisham should be like and priorities - could use food flash cards - understanding impact of food on the planet. Lewisham People's Day (16th July): Andrea can be there for a few hours - we'll know by then what input we will need from the public https://www.oneplanetplate.org/search?msckid=253f2ac3d06711ec8c5eb403a29b3069 Something for the catering businesses to consider maybe?</p> <p>Theresa - looking at sustainable nutritious eating, food grower</p>
3	<p>Planning the next network meeting (these are open to the public and intended to get a wide range of people involved)</p>	<ul style="list-style-type: none"> - When? Late June/early July, Andrea away 29th June - 6th of July, avoid half term and summer holidays - Where? Didn't discuss this - Introduce Lewisham Local as the service provider - Theme? We have started to think that this could be about the cost of living crisis and where food fits in to that e.g. how best to provide food and 'warm centres' for people . There has been talk of food giving groups meeting in person to support each other, which could form part of the network meeting? Any suggestions welcome, these are just some initial ideas. - How does food fit into the cost of living crisis? - Amount of energy involved for cooking foods e.g. Andrea's research on different methods of cooking potatoes and how much energy it uses - Promoting the hot water bottle project (Catford Fridge - Lana?) - Martin - fuel poverty advice service - tie this resource in to it - making available other things - Warm centres - Slow cookers - Difficulty - practical stuff isn't going to bridge the gap - Projects to cook food in different people's home - Toolkit for cooking together

		<ul style="list-style-type: none"> - Batch cooking and freezing - The Big Lunch (Queen's Jubilee Weekend) - https://www.edenprojectcommunities.com/the-big-jubilee-lunch - Share practical projects and ideas to inspire folks to get involved - What do we want to get out of the meeting - inspire others to take action within those networks - about batch cooking, community meals, delivery parcels, skills sharing - Talk on how to set up a community meal - MP/councillor - speaking at event to link to policy change/collective action to individual actions - What's worked and inspire others - Skills ideas to get involved - Connections - Talk on provision available - https://www.lewishamlocal.com/wp-content/uploads/2021/07/cash-first.pdf <p>NB KEEP COVID IN MIND WHEN ORGANISING EVENTS AND MEETINGS, KEEP ALTERNATIVES IN MIND</p>
3.20	How we want to communicate and work together going forward	<ul style="list-style-type: none"> - Next meeting? - When? In early June before network meeting - Where? - How often do we want to meet? Quarterly - align with network meetings - How can people feed in if they can't attend meetings? Do we want to do more over email/another method? People can feed in before, during and after if we use a miro board (or similar tool) - Has anyone got a subscription to miro? (as it isn't cheap)
		<p>Action Points:</p> <ol style="list-style-type: none"> 1. All to send round suggestions of who they think would be good to join the SG. NB please don't invite anyone and everyone. Think about which strand they would fit with and what their skills are. Agree to these people. 2. Helen to write a short explanation of what it means to be on the SG. 3. All to circulate this to the people's we've agreed to invite 4. Helen to write draft agenda and aims of next SG meeting and network meeting 5. Helen to send round two Doodles for next SG meeting and next Network meeting 6. Helen to see if anyone has a Miro subscription we can use and look into free options and alternatives e.g. Jamboard etc. 7. Helen to read SFP resources for how to organise network meetings etc.

8. Andrea to circulate link to climate food card game
9. Helen to dig out Carbon Conversations food and climate games
10. Helen and Simone to organise GFL stall at Lewisham People's Day on 16th July - **can anyone attend?**
<https://www.wearelewisham.com/event/peoples-day/>
11. Helen and Simone to do Health Check, discuss this in next meeting
12. Martin to invite us to the Council cost of living research task group with Martin Dittus

Links/comments shared in chat:

Mindfulness:

<https://twitter.com/twomindfulbees>

<https://familysanghalondon.com/>

<https://plumvillage.uk/beingpeace/> Social value lead at LUV

<https://luvgroup.co.uk/>

<https://biteback2030.com/people/board-member/tasha-mhakayakora?msclkid=8204eee2d06511ecb1976dcc537672d9>

<https://www.oneplanetplate.org/search?msclkid=253f2ac3d06711ec8c5eb403a29b3069>

Something for the catering businesses to consider maybe?

Is it this <https://www.gqdot.org/flashcards.html> - **is this the one you were talking about Andrea?**

Lewisham Local has a tent/stall at People's Day so we could make a space for a table for GFL

Perfect Simone we can chat off line I might be able to pull in some of the other PhD students I'm studying with as volunteers but would only ask them if we have defined what this should be like

What about trying to connect people locally to cook together and eat together in their homes ... like home hopping if you create groups of 5 and each takes one day a week ...

<https://www.lewishamlocal.com/wp-content/uploads/2021/07/cash-first.pdf>

Helen B - I'm going to be part of that group (council cost of living research task group)