

Time	Item	Minutes	Who
2	Welcome	<p>Helen – Food Partnership Coordinator</p> <p>Ken - Centre Manager – Pepys Community Hub</p> <p>Helen introduced members of the steering group and Lewisham Local team, including our new Chair: Tariq Pir.</p> <p>SG members present: Theresa, Kate, Vaibhavi, Jaquie, Lakhvinder, Susan</p> <p>LL: Simone, Laura</p> <p>Malcolm/others who helped to organise the gardens walk.</p>	Helen + Ken
2.10	Introductions around the room	<p>Name, Organisation (if applicable), Why are you interested in GFL? What inspired you to attend?</p> <p>Around 30 people attended, more than 50 signed up on the Eventbrite. Wide variety of people with different reasons for being there.</p> <p>Thank you to <b>xxxxx</b> for providing the amazing food. <i>(I can't remember the details for this at the moment)</i></p>	Helen
2.20	Updates from different parts of GFL	<p>Introduce this section – bit more detail about GFL, strands, themes of previous meetings, rotate around the borough, individual charter/pledges.</p> <p>GFL started in 2016 – LL running from 2022 - part of Sustainable Food Places - it's about building a network of people passionate about food – community groups, council, businesses, residents to work on different aspects of that – LL do lots of other work e.g. LL Card.</p> <p>Malcolm – Ken, Helen helped to organise the event.</p>	Helen
2.25	Food Justice	<p>Lots happening over the last few months around food justice</p> <p>In March we launched the community food justice grants in partnership with Lewisham Council. 19 projects received funding, from cultural foods, to cookery classes, providing cash first support and additional capacity for social supermarkets. Look forward to hearing the impact of those grants in coming months</p> <p>We continue to offer monthly meeting for food giving groups on a Thursday at 1pm- there is now an Eventbrite to sign up on our website- last month discussed support to access infant formula for families in in crisis, and this month we hope to have the credit union with us who has a new offer to support clients to save. We are open to organising more roundtables but are keen to know from you that these are wanted and what we should cover- speak to Helen and Emilio about this.</p>	Simone

		<p>LL is starting to support Lewisham Public Health more closely to deliver the FJAP which builds on existing work of Community Food Justice Grants and the Good Food Lewisham programme. Many of you were at the launch in April. We'll be helping co-ordinate activity across Lewisham to implement action across the four overarching priorities within the Food Justice Action Plan:</p> <p>Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice</p> <p>Focus Area 2: Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year</p> <p>Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis</p> <p>Focus Area 4: Developing Money First approaches to crisis prevention and support</p> <p>As part of this we're going to establish a Lewisham Food Justice Alliance to oversee the implementation of the plan, co-ordinating actions, identifying opportunities for collaboration, avoiding duplication and seeking solutions to any challenges.</p> <p>Meeting will be held on Thursday 19<sup>th</sup> of October, looking like at Catford Salvation Army 12-2pm. Come along to:</p> <ul style="list-style-type: none"> <li>• Help to support actions from the plan and highlight work that is already happening</li> <li>• Find out more about the Food Justice Alliance and get involved</li> <li>• Hear from projects recently funded through the Food Justice Grants</li> </ul> <p>We're really keen for the plan to be delivered collaboratively, it would be great to meet with you see you at the alliance to see how your work links into this. Come and speak to Simone if you'd like more details.</p>	
2.35	Food Growing Network/ Community Gardens	<p><i>List of gardens, GL, WA group, foraging summer series, monthly events in person or online, specific gardens, linking allotments with food giving groups/grow to give, seed swaps.</i></p> <p>There is a food growing network, starting a mapping project of food growing projects in the borough, want to connect growers to food giving projects, want to link in allotments.</p> <p>LL Funded 6 groups to run activities over the summer Food growing network – making more visible what's happening – want to have one engagement a month Event at Bridgehouse Gardens 28<sup>th</sup> of October</p>	Kate + Helen

		<p>Sharing tips for increasing food projects  Climate - capital growth - network - urban harvest week –  measure the garden to see how climate friendly it is  EDI and gardening  Need a bank of best practice to share with others - what works  and doesn't work  How can we audit - where produce is going to waste  We would like to connect businesses and growers to use produce  – a circular 'I'm in the right'  We want to connect the dots, reduce transport, sustainability  and increase amount of food that's grown in the borough  Grow Lewisham wants to help people to open up their growing  spaces, offer growing skills and training to do that happening</p> <p>Kate's from Grow Lewisham: <a href="https://www.growlewisham.com/">https://www.growlewisham.com/</a></p> <p>QUESTION: is there an audit of land by the Council that can be  used to grow food?  ACTION: Helen and Kate to look at progress update (this has  been ongoing but not heard much about this recently)  Going to do a seed swap in Feb – now is the time to collect your  seeds</p> <p>Cook and eat would be good places to give food to</p>	
2.45	Good Food Businesses	<p><i>Business charter, network, working group being set up soon,  linking businesses with other projects</i></p> <p>Business charter- shows what actions you can take to make a  difference to build a healthier local food system.</p> <p>There are quarterly good food business informal networking  events. Setting up a working group at the moment.</p> <p>We're keen to make more connections between businesses and  other groups e.g. they could give their food waste to community  gardens.</p> <p>Discussion about what sugar smart is - it's education, not saying  you can't have things or replacing with diet items but are people  aware of the quantities of sugar they are taking - could we  reduce and for businesses can they make small changes to make  a difference: not displaying sugary drinks, not put sugar out.</p> <p>Events coming up:  Business network meeting 3<sup>rd</sup> of October 8.30-10am at Badger  and Badger  25 September: Guardians of Grub session 25<sup>th</sup> 10.30-11.30am</p> <p>Next quarterly business network meeting will be in January.</p>	Laura
2.55	SG/structure	<p><i>New chair, who's in the group/how it works, quarterly meetings,  please join!, working groups, 6 SFP areas of work, partners</i></p>	Tariq

		<p>Tariq is the new chair of the GFL steering group – Lewisham citizen, interest in food, wellbeing and mental health, project and programme management. The mission of SG is to support the coordination of the partnership and activities happening under this.</p> <p>Developed Terms of Reference, which can be shared with wider partnership</p> <p>Tariq shared vision and key purpose of SG</p> <p>ACTION: SHARE COPY WITH ToR WITH WIDER NETWORK</p> <p>Point raised: that food is linked to mental health – need to emphasise link towards MH mood and food -</p>	
3.05	Individuals, partners	<p>How people can get involved, comms.</p> <p>We have the monthly newsletter, food giving groups email list and various WhatsApp groups (food giving, food growing, good food businesses). Please let us know if you want to be added to any of these.</p> <p>We're also looking for bigger partners e.g. housing associations, so if you're part of one of these organisations or have ideas, let us know.</p> <p>Any questions?</p>	Helen
3.10	People's ideas for network	<p>Priority setting for next 1-3 years</p> <p>Break out groups exercise.</p> <p>What would you like to see the network do? What questions do you have about the network? What ideas do you have to get more people involved?</p> <p><i>(See separate notes for flip chart paper notes)</i></p> <p>Key points fed back in the meeting from break out groups:</p> <p>Break out groups? Exercise?</p> <p>Key points feedback:  Make it fun, inclusive  Need to get people engaged with concept of food sustainability in Lewisham  Get kids involved with good food and understanding, education  Community gardens – spreading the word of the gardens - awareness  Educate, empower, engage community  Discuss ways to discuss food waste  Redistribute surpluses</p>	Simone + Helen

		<p>How to get the wider public to eat healthier and more sustainably  - launching an eat local campaign – making people aware of benefits  Get local gov to hold supermarkets account for their waste and working to redistribute food  Connecting food growing and food giving - facilitate links between orgs that can help each other  Lobbying council to do better - Southwark have a community garden coordinator- extraordinary results- officer to help you facilitate process of getting land – help to negotiate – community fund – 600k a year sustains some amazing activities in the borough  Knowledge how to use skills for the best  Quick presentation on how to use and cook food that’s being provided at food banks  People get together to cook recipes, then take different food back to provide different meals – freeze- saving energy cooking – great for mental health  Importance of whole cycle- from leftovers at foodbank, cook a meal and the rest goes to the garden  Importance of people who speak different languages  How can we get known to local residents- needs to be in the council – digital exclusion – use word of mouth – need more signposting  Include everyone – accessibility – make sure venues are accessible  April – needs more volunteers, manure, compost –  Advertise volunteer opportunities in foodbanks</p>	
<b>3.30</b>	Conclude	<p>Thanks for joining us!</p> <p>Next meeting in Jan, open theme at the moment, let us know if you have ideas for this.</p>	Helen
<b>3.30-3.50</b>	Tidy up, drinks, network	Kate also did a seed saving demo – thank you!	
<b>3.50</b>	Walk to John Evelyn		Malcolm
<b>4</b>	Tour of John Evelyn Garden	Malcolm showed us around the garden and the nearby amazing allotments – thank you!	Malcolm
<b>4.30</b>	Walk		
<b>5.15</b>	Tour of Albany garden + refreshments	Carolyn showed us around the massive Albany garden and gave us some refreshments made from garden ingredients – thank you!	Carolyn/ Connie